

Pastas

130g pasta + 200g ingredients

Tagliatelle with Smoked Salmon / 330g / 26 pln

cream sauce / spinach / smoked salmon /
roasted sunflower seeds / rocket / pepperoni

Tagliatelle 'all Carbonara' / 330g / 26 pln

cream sauce / bacon / yolk / parmesan / rosemary

Pappardelle Americano / 330g / 26 pln

smoked chicken / sugar snap pea / cream sauce / smoked pepper / parmesan

Spaghetti with Argentinian Prawns / 29 pln

argentinian prawns / olive oil / julienne vegetables



Tagliatelle con porcino / 330g / 31 pln

boletus / cream sauce / onion / garlic / white wine / parmesan



Ravioli all Tartuffo & Ricotta / 330g / 33 pln

ricotta / truffle cream / butter / sage / parmesan

Rigatoni Picante / 26 pln

Salami/ sambal/ black olives/ parmesan

Pappardelle all Verdura / 24 pln

Sugar peas / dried tomatoes / courgette / cherry tomato / onion /
broccoli / roasted sunflower seeds / parmesan

Spaghetti with seasoned RibEye / 29 pln

Beef/ vegetables/ chili/ parsley/ parmesan



Gluten-free Pasta (Rice pasta) / +4 pln

Wine

Indomita Costa Vera Cabernet Sauvignon 12 pln
red / 125 ml

Indomita Gran Reserva Malbec 15 pln
red / 125 ml

Indomita Costa Vera Chardonnay 12 pln
white / 125 ml



Information about allergens available at the staff.

Salads

Sous-vide chicken / 25 pln

Lettuce/sous-vide chicken/ chickpeas/ cherry tomato/ yolk

Thai Beef Salad / 27 pln

Beef steak / lettuce / spinach / chili dressing / paprika /
cherry tomato/ homemade bread



Caesar Salad / 25 pln (deep fried shrimps 28 pln)

romaine lettuce / grilled chicken or deep fried shrimps / toasts / parmesan /
bacon / pini nuts / cherry tomatoes / Caesar sauce

Tuna Salad / 25 pln

Tuna/ lettuce / berries /orange / cherry tomato /
cucumber / homemade bread / butter

Beer

Tyskie 14 days / 0,5 litre 9 pln

Tyskie 14 days / 1litre 16 pln

Drinks

Fizzy drinks 5 pln

Fresh juice 12 pln

Americano Coffee 8 pln

Pizza

GLUTEN FREE PIZZA – TAPIOCA + 4 pln

19 pln (size 32 cm)

Margheritta Classic / Pellati tomatoes / mozzarella cheese 

Bianco / mozzarella cheese / arugula 

24 pln (size 32 cm)

'Carbonara' style / mozzarella cheese / yolk / bacon / onion / rosemary oil

Prosciutto / Pellati tomatoes / mozzarella cheese / prosciutto ham / oregano 

Capriciosa / Ham/artichokes/mushroom/ pepper/ olives

Vege / Courgette/broccoli /pepper/ cherry tomatoes/ mushroom/ sugar peas

26 pln (size 32 cm)

Peperoncini / Pellati tomatoes / mozzarella cheese / salami picante / marinated mushrooms

Rucola e Parma / Pellati tomatoes / mozzarella cheese / parma ham / arugula / cherry tomatoes

NEW



GLUTEN FREE PIZZA / tapioca / chess / Pellati tomatoes / mozzarella cheese / grilled vegetables

34 pln (size 32 cm)

Gamberetti / Pellati tomatoes / mozzarella cheese / shrimps / roasted pumpkin/ garlic / arugula

Spoon&Fork Pizza / truffle paste / mozzarella cheese / smoked goose / truffle oil / spinach / parmesan

FOCACCIA / olive oil / garlic / rosemary /sea salt   11 pln

Main courses

Thai Curry / chicken **32 pln**
shrimps 37 pln / beef 34 pln / vegetables 31 pln

Options of sauce: red(spicy) or yellow(mild)

Jasmine rice / peanuts / vegetables / ginger / chili / coriander /
galanga / lime / garlic / lemon grass / coconut milk / nutmeg / cinnamon

Chicken Shoarma / 200g / **27 pln**
chicken / chips / red cabbage / homemade pita / garlic sauce / tomato sauce

Grilled Lamb Chop / **59 pln**
lamb/ potato gratin/ spinach/ pepper sauce

Filet Mignon / **59 pln**
mignon steak/ bacon/ pepper/ potato gratin/ beetroot/ baby carrot/ honey

① **Seasoned RibEye Steak** / **49 pln**
potato wedges / vegetables / Cayenne butter

Pork Fried Steak / 330g / **28 pln**
pork / potatoes / red cabbage / lemon / butter

Fried Cod / **39 pln**
filet cod/ vegetables/ potato gratin

② **Grilled Vegetables** / 200g / **22 pln**
courgettes / local pepper / oyster mushroom / eggplant /
tomato / red onion / sweet potato / lettuce

Pork Tenderloin with mushroom sauce / **29 pln**
pork tenderloin/lettuce/potato wedges/ mushroom sauce

How you would like to have your beef done

BURGERS

Sweet Potato Burger / **29 pln**
100 % beef / bacon crisp / grilled sweet potato /
lettuce mix / BBQ sauce

Guacamole Burger / **29 pln**
100 % beef / chorizo / guacamole / cheddar cheese /
lettuce / nachos / tomato / fries

Tell your favorite waiter/waitress,
how you would like to have your beef done

Soups

③ **Tom Yum Soup** / 400 ml / **18 pln** / chicken or shrimp option / 15 pln
coconut milk / kafir leaves / lemon grass / coriander / shrimp or chicken /
④ fish sauce / lime / galanga / chili / oyster sauce / rice pasta / shitake

Classic Chicken Broth / 300 ml / **14 pln**
homemade pasta / organic chicken

Tomato Soup / **14 pln**
Homemade pasta or rice





Appetizers

Carpaccio of geese /90g / 29 pln

truffle oil / cherry chutney / garlic butter / homemade bread

Freshly Chopped Beef Tartar /130g / 33 pln

essence of lovage / roasted sunflowers seeds / pickle / mushrooms /
confi yolk / parmesan chips / home made bread

🔪 Deep oil fried Squid /120g / 25 pln

deep oil fried vegetables / tartar sauce / lemon

🔪 Vanamei Shrimps /140g / 37 pln

fried Vanamei shrimp- 12 pieces- options of sauces :

1: cherry tomatoes / butter/garlic / arugula

2: onion/ cherry tomato/ broccoli/ garlic/ aubergine/pepper 37

Baked Aubergin / 16 pln

Aubergine/tomato/ basil/ feta cheese/ tomato sauce



Neither SPOON nor FORK

🔪 Sweet potato fries /220g / 14 pln

garlic sauce

Nachos /180g / 21 pln

hot cheese / quacamole / salsa / cream

Wings 12 pieces /720g / 24 pln

Wings: mild or spicy / sauce:cream and salsa

🔪 Bruschetta /150g / 18 pln

Tomato/dry-cured ham/smoked geese/ricotta/
cherry chutney/ homemade bread

🔪 Gyoza Dumplings /130g / 16 pln

4 vegetables dumplings / 4 chicken dumplings / sweet and spicy sauce



Information about allergens available at the staff.

Desserts



Baked crumble apples / 150g / 15 pln
local apples / crumble / vanilla ice cream / anglais sauce

Cheese cake / 130g / 17 pln
cheese/biscuits/ baileys liquor

Pavlova / 15 pln
meringue / mascarpone cream / fruits / raspberry coulis

Semifredo / 160g / 16 pln
cream/ almond/ belgian chocolate 58%/ fruit

Espresso & Crumble / 15 pln
coffee ice cream/ crumbled/ fruit/ cream

Trio Ice cream / 15 pln
ice Cream/ fruit/ cream

Pistachios fairytale / 160g / 16 pln
pistachio Ice cream / belgan chocolate „pumice” / pomegrante / whipped cream

Raspberry Dream / 160g / 16 pln
vanilla Ice cream / whipped cream / almond flakes / hot raspberry sauce (from Potworów_



Hot



Vege



Gluten free



It contains nuts



Without lactose

Information about allergens available at the staff.



Americano

8 pln

Cappuccino

10 pln

Latte

11 pln

Crazy Fruit Wine
white dessert / 125 ml

10 pln

Crazy Fruit Wine
red dessert / 125 ml

10 pln



Kids menu

What to eat?

I don't know / 250 ml / **10 pln**

Chicken Broth / Homemade pasta / pulled chicken

I'm not hungry mum / 250 ml / **12 pln**

Tomato soup / homemade pasta or rice

Whatever / 125 g / **16 pln**

Chicken filet / breadcrumb / carrot salad / french fries

I don't care / 150 g / **15 pln**

Spaghetti bolognese / homemade pasta / tomato sauce / beef / vegetables

I'm hungry / **13 pln**

Pancake with nutella and cream

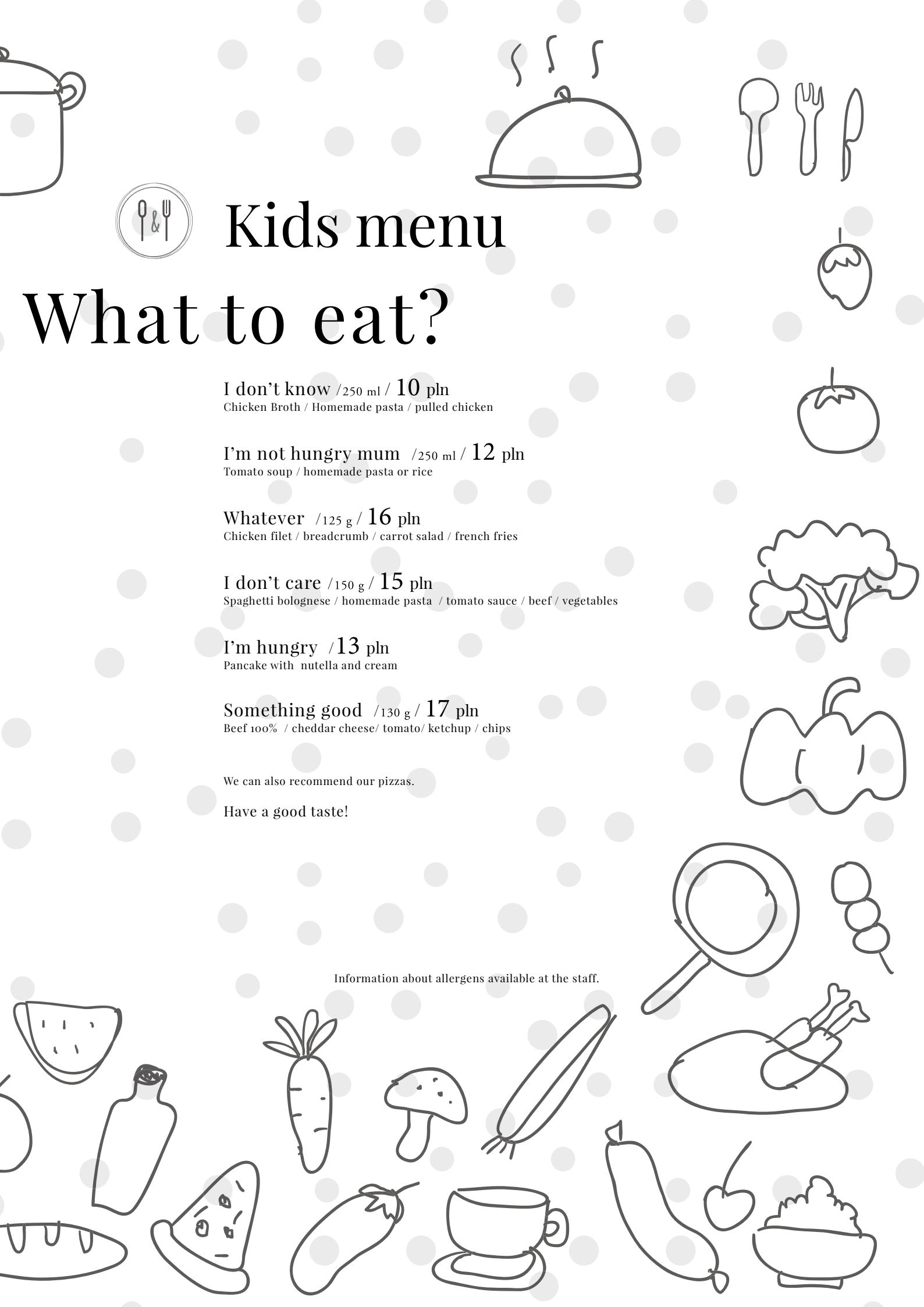
Something good / 130 g / **17 pln**

Beef 100% / cheddar cheese/ tomato/ ketchup / chips

We can also recommend our pizzas.

Have a good taste!

Information about allergens available at the staff.



Tea

12^{pln} (kettle 400 ml) Leaf tea

Rooibos Cream Orange

flavoured herbal infusion with vanilla and orange flavour

Red Fruit

flavoured fruit infusion with raspberry and cherry flavour

Plum & Cinnamon

flavoured fruit infusion with plum and cinnamon flavour

Wild Cherry

flavoured black tea with cherry flavour

Earl grey

flavoured black tea with bergamot flavour

Assam Bari / black tea

Sencha / green tea

Morgentau / green tea

Snow White's Dream

flavoured green tea with marzipan-coconut and cinamon flavour

8^{pln} (cup 200 ml)

Tea-caddy

English Breakfast / black tea

Sweet Berries

flavoured fruit infusion with strawberry and raspberry flavour

Lemon Fresh

flavoured fruit infusion with lemon flavour

Rooibos Cream Orange

flavoured herbalinfusion with vanilla-orange flavour

Jasmine Gold

flavoured green tea with jasmine flavour

Green Dragon Lung Ching

green tea

Moroccan Mint

green tea with curled mint

Masala chai

black tea with mixed spices

Jam to tea 3^{pln}

Orange 3^{pln}
with clove



Coffee

decaffeinated
coffee

Espresso	8 pln	10 pln
Doppio / double espresso	11 pln	13 pln
Americano	9 pln	11 pln
Cappuccino	10 pln	12 pln
Latte	11 pln	13 pln
Latte witch Monin sirup	12 pln	14 pln
Irish coffe	17 pln	19 pln
Affogato vanilla ice cream „Bańka z mlekiem” / espresso	12 pln	14 pln
Milk:		
non-fat	1 pln	
soy / coconut	3 pln	

Drinks

Pepsi	
Pepsi light	6 pln / 200 ml
7 Up	
Mirinda	20 pln / 1 litr
Tonic	
Redbull	12 pln / 250 ml
Water 'Górska Natura' still/sparkling	5 pln / 330 ml 12 pln / 1 litr
Water 'Dolomia' still/sparkling	9 pln / 330 ml 15 pln / 0,7 litr
Juice	6 pln / 200 ml 22 pln / 1 litr
Orange / balckcurrant / grapefruit / apple	
Fresh squeezed juice	13 pln / 200 ml
orange / grapefruit	





Smoothie 15 pln

Yellow fruits / pineapple / mango / banana

Red fruits / raspberries / strawberry / wild strawberry

Green fruits / green apple / melon / kiwi / avocado

Shake 15 pln

Vanilla

Banana / vanilla ice cream/ milk

Strawberry

Strawberry / vanilla ice cream/ milk

Kinder Bueno

Banana/ kinder bueno ice cream/ milk

Fit Cocktails 15 pln

spinach / orange / banana / ginger

curly kale / lemon / apple / banana

celery / kiwi / apple

**FIT
EAT**
CATERING DIETETYCZNY

recommends

Cocktails

Negroni / 20 pln

vermouth / gin / campari

Whiskey sour / 19 pln

whiskey / lemon juice / sweet syrup / egg white

Long island iced tea / 29 pln

vodka / gin / rum / tequila / triple sec / lemon / coke

Pina colada / 19 pln

bacardi / pineapple juice / coconut milk

Sex on the beach / 19 pln

vodka / archers / cranberry / orange / grenadine

Manhattan / 19 pln

rye whiskey / peach liquor / argoustura

Margarita / 19 pln

tequila / triple sec / lemon

Cuba libre / 17 pln

rum / lime / coke

Daiquiri / 17 pln

rum / limone

Mojito / 19 pln

rum / mint / lime / coke

White lady / 17 pln

gin / triple sec / lemon

Cosmopolitan / 18 pln

vodka / triple sec / cranberry



Wine

White

Indomita Costa Vera Chardonnay	12 (125 ml)	50 (bottle)
Indomita Gran Reserva Sauvignon Blanc	15 (125 ml)	70 (bottle)
Crazy Fruit Wine / white dessert	10 (125 ml)	60 (bottle)

Rose

Mosaico Imperial D.O. Alicante	12 (125 ml)	50 (butelka)
Indomita Varietal Rose	15 (125 ml)	70 (butelka)

Fizzy

Prosecco	15 (125 ml)	70 (bottle)
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Red

Crazy Fruit Wine / red dessert	10 (125 ml)	60 (bottle)
Indomita Costa Vera Cabernet Sauvignon	12 (125 ml)	50 (bottle)
Indomita Gran Reserva Malbec	15 (125 ml)	70 (bottle)
Primitivo di manduria Riserva Suprema	25 (125 ml)	130 (bottle)



Beer

Tyskie 14 days / 0,5 litre	9 pln
Tyskie 14 days / 1 litre	16 pln
Tyskie 14 days / 0,75 litre / bottled on site / bottle - deposit 7 pln	10 pln
Pilsner Urquell / 0,5 litre	8 pln
Grolsh / bottle 0,45 litre	13 pln
Lech lite / bottle 0,33 litre	10 pln
Lech free 0% / bottle 0,33 litre	10 pln



Alcohols

Vodka

Amundsen	10 (40 ml)	100 (bottle)
Soplica Wiśniowa	8 (40 ml)	80 (bottle)
Stock	8 (40 ml)	80 (bottle)
Żołądkowa gorzka / tradycyjna „ruda”	8 (40 ml)	80 (bottle)
Żołądkowa z miętą	8 (40 ml)	80 (bottle)
Cachaca Cana Rio	14 (40 ml)	240 (bottle)
Vodka młody ziemniak 2016	30 (40 ml)	300 (bottle 0,5l)
BELUGA NOBLE RUSSIAN VODKA	25 (40 ml)	400 (bottle 0,7l)
BELUGA GOLD LINE	60 (40 ml)	1000 (bottle 0,7l)



Gin

Beefeater	18 (40 ml)
Bombay Sapphire	18 (40 ml)
Tanqueray no.10 gin	26 (40 ml)
Hendrick's scotland gin	30 (40 ml)
Thomas Dakin Small Batch	30 (40 ml)
Buss no. 509 Pink	30 (40 ml)
The London no. 1	30 (40 ml)

Tequilla

El Jimador Blanco	16 (40 ml)
El Jimador Reposado	16 (40 ml)
Olmecca Blanco	15 (40 ml)
Mezcal El Senorio	20 (40 ml)
Patron Silver	20 (40 ml)

Vermouth

Martini bianco	10 (100 ml)
Martini rosso	10 (100 ml)
Martini extra dry	10 (100 ml)

Liqueur

Underberg Bitter	15 (but 40 ml)
Archers	14 (40 ml)
Aperol	12 (40 ml)
Baileys	12 (40 ml)
Campari	12 (40 ml)
Cointreau	12 (40 ml)
Jägermeister	15 (40 ml)
Kahlua	14 (40 ml)
Malibu	12 (40 ml)
Triple Sec	14 (40 ml)
Bols Blue / Maracuja/Mango/Melon/ Strawberry/Banan/Kiwi/Ananas/ Creme de Cassis/Watermelon/Triple Sec	7 (20 ml)



Whisky

Maker's Mark	18 (40 ml)
Jameson	13 (40 ml)
Jim beam	12 (40 ml)
Jim beam apple	14 (40 ml)
Jim beam black extra aged	18 (40 ml)
Jim beam double oak	18 (40 ml)
Jim beam honey	14 (40 ml)
Jim beam red stag	14 (40 ml)
Jim beam rye	15 (40 ml)
Johnnie walker black 12-letni	20 (40 ml)
Bushmills 10-letni	25 (40 ml)
Glenmorangie 10-letni Original	30 (40 ml)
Glenfiddich 12-letni	18 (40 ml)
Glenfiddich 15-letni unique solera reserve	27 (40 ml)

Cognac

Hennessy VS	20 (40 ml)
Hennessy Fine de Cognac VSOP	40 (40 ml)
Metaxa 5*	12 (40 ml)

Champagne

Louis Roederer Brut Premier	700 (bottle 0,75 l)
Moët&Chandon Ice Imperial Rose	600 (bottle 0,75 l)

Rum

Bacardi Carta Blanca	12 (40 ml)
Bacardi Carta Negra	14 (40 ml)
Bacardi Carta Oro	14 (40 ml)
Havana Club	15 (40 ml)
Sailor Jerry	15 (40 ml)
Ron matusalem classico 10-letni	24 (40 ml)
Ron matusalem 15 letni (domonican)	25 (40 ml)
Don papa sugarlandia rum philipines	38 (40 ml)
Diplomatico (botucal) reserva exclusiva	38 (40 ml)